

TO FIT GUIDE 2025

All measurements are listed in cm unless otherwise stated.

IT IS ADVISABLE TO USE ACTUAL BODY MEASUREMENTS RATHER THAN MEASURING OVER CLOTHES.
The fit of a garment may vary depending on the cut, style and fabric.

MEN'S GARMENTS - Tops & Outerwear *Excluding FR104	XXS	XS	S	M	L	XL	XXL	3XL	4XL	5XL
EUR - CHEST - TO FIT	42-44	44-46	46-48	48-50	52	54-56	58	60-62	62-64	64-66
CHEST - TO FIT - INCHES	32-34	34-36	36-38	38-40	42	44-46	48	50-52	52-54	54-56
CHEST - TO FIT - CMS	81-86	86-91	91-96	96-101	107	112-117	122	127-132	132-137	137 - 142
EXCEPTIONS - FR104		XS	S	M	L	XL	XXL	3XL		
EUR - CHEST - TO FIT		44-46	46-48	48-50	52	54-56	56-58	58-60		
CHEST - FR104 SUPERFIT - TO FIT INCHES		34-36	36-38	38-40	42	44-46	46-48	48-50		
CHEST - FR104 SUPERFIT - TO FIT CMS		86-91	91-96	96-101	107	112-117	117-122	122-127		

MEN'S GARMENTS : Trousers & Shorts	XXS	XS	S	M	L	XL	XXL
EUR - WAIST - TO FIT	38	40	42	44	46	48	50
WAIST - TO FIT - INCHES	28	30	32	34	36	38	40
WAIST - TO FIT - CMS	71	76	81	86	91	96	101
REGULAR INSIDE LEG LENGTH - INCHES	32	32	32	32	32	32	32
LONG INSIDE LEG LENGTH - INCHES	34	34	34	34	34	34	34

LADIES GARMENTS : Tops & Outerwear	XS	S	M	L	XL	XXL	3XL	4XL
UK - TO FIT	8	10	12	14	16	18	20	22
EUR - TO FIT	36	38	40	42	44	46	48	50
CHEST - TO FIT INCHES	30-32	32-34	34-36	36-38	38-40	40-42	42-44	44-46
CHEST - TO FIT CMS	78-81	81-86	86-91	91-96	96-101	101-107	107-112	112-117

LADIES GARMENTS : Trousers & Shorts	XS	S	M	L	XL	XXL
UK - TO FIT	8	10	12	14	16	18
EUR - TO FIT	36	38	40	42	44	46
WAIST - INCHES	26	28	30	32	34	36
WAIST - CM	66	71	76	81	86	91
INSIDE LEG LENGTH - REGULAR INCHES	32	32	32	32	32	32

Please note that height is a better indication of fit than age

KIDS' GARMENTS - AGE	5/6	7/8	9/10	11/13
HEIGHT - CMS	116	128	140	158
CHEST - TO FIT INCHES	24-26	26-28	28-30	30-32
CHEST - TO FIT CMS	60-66	66-71	71-76	76-81

SIZE SPECIFICATION SUMMARIES 2025

FR001				S	M	L	XL	2XL	3XL			TOL
MEN'S LONG SLEEVED ORIGINAL RUGBY SHIRT	SHOULDER			46	50	55	60	62.5	65			+/-1.5
	CHEST			47	51	56	61	63.5	68.5			+/-1.5
	LENGTH			72.5	74.5	77	79.5	82	83			+/-2
	SLEEVE LENGTH (Excluding cuff)			49	51.5	54	56.5	59	59			+/-1.5
	SLEEVE LENGTH (Including cuff)			56	58.5	61	63.5	66	66			+/-1.5

FR003				S	M	L	XL	2XL				TOL
SHORT SLEEVED ORIGINAL RUGBY SHIRT	SHOULDER			46	50	55	60	62.5				+/-1.5
	CHEST			47	51	56	61	63.5				+/-1.5
	LENGTH			72.5	74.5	77	79.5	82				+/-2
	SLEEVE LENGTH			29	29	29	30	31				+/-1.5

FR006				XS	S	M	L	XL	2XL			TOL
PANELLED 1/4 ZIP	SHOULDER			44	47	50	53	56	59			+/-1.5
	CHEST			50	53	56	59	62	65			+/-2
	LENGTH			68	70	72	74	76	78			+/-1.5
	SLEEVE LENGTH			59	60	61	62	63	64			+/-1.5

FR007				S	M	L	XL	2XL				TOL
PANELLED RUGBY SHIRT	SHOULDER			46	50	55	60	62.5				+/-1.5
	CHEST			47	51	56	61	63.5				+/-1.5
	LENGTH			72.5	74.5	77	79.5	82				+/-2
	SLEEVE LENGTH (Including cuff)			56	58.5	61	63.5	66				+/-1.5

FR008				S	M	L	XL	2XL				TOL
SEWN STRIPE LONG SLEEVED RUGBY SHIRT	SHOULDER			46	50	55	60	62.5				+/-1.5
	CHEST			47	51	56	61	63.5				+/-1.5
	LENGTH			72.5	74.5	77	79.5	82				+/-2
	SLEEVE LENGTH (Excluding cuff)			49	51.5	54	56.5	59				+/-1.5
	SLEEVE LENGTH (Including cuff)			56	58.5	61	63.5	66				+/-1.5

FR045				XS	S	M	L	XL	2XL	3XL		TOL
PREMIUM 1/4 ZIP	SHOULDER			40	43	46	49	52	55	58		+/-1.5
	CHEST			50	53	56	59	62	65	68		+/-1.5
	LENGTH			66.5	69.5	72.5	75.5	78.5	81.5	84.5		+/-2
	SLEEVE LENGTH			64.5	66.5	68.5	70.5	72.5	74.5	76.5		+/-2

FR050				XS	S	M	L	XL	2XL	3XL		TOL
PULLOVER DRILL SHIRT	SHOULDER			45	47	49	51	53	55	57		+/-1.5
	CHEST			52	55	58	61	64	67	69		+/-1.5
	LENGTH			72	73	74	75	76	77	78		+/-2
	SLEEVE LENGTH			59.5	60.5	61.5	62.5	63.5	64.5	65.5		+/-2

FR054				XS	S	M	L	XL	2XL	3XL		TOL
DRILL OVERSHIRT	SHOULDER			45	47	49	51	53	55	57		+/-1.5
	CHEST			52	55	58	61	64	67	70		+/-2
	LENGTH			72	73	74	75	76	77	78		+/-2
	SLEEVE LENGTH			59.5	60.5	61.5	62.5	63.5	64.5	65.5		+/-2

FR100				XS	S	M	L	XL	2XL	3XL	4XL	5XL	TOL
MEN'S LONG SLEEVED PLAIN RUGBY SHIRT	SHOULDER			42	46	50	55	60	62.5	65	67.5	70	+/-1.5
	CHEST			44	47	51	55	59	63	67	71	75	+/-1.5
	LENGTH			69.5	72.5	74.5	77	79.5	82	83	84	85	+/-2
	SLEEVE LENGTH (INCLUDING CUFF)			53.5	56	58.5	61	63.5	66	68.5	71	73.5	+/-1.5

FR101				XS	S	M	L	XL	2XL	3XL	4XL		TOL
LADIES' LONG SLEEVED PLAIN RUGBY SHIRT	SHOULDER			34	36.5	39	41.5	44	46.5	49	51.5		+/-1.5
	CHEST			43	44.5	47	49.5	52	54.5	56	58		+/-1.5
	LENGTH			64.5	67	67	68	69	69	70	71		+/-2
	SLEEVE LENGTH (INCLUDING CUFF)			61.5	62	63	63.5	64	64	64.5	64.5		+/-2

FR104				XS	S	M	L	XL	2XL	3XL		TOL
MEN'S PREMIUM SUPERFIT RUGBY SHIRT	SHOULDER			40	42	44	46	48	50	52		+/-1.5
	CHEST			47	50	54	57	60	63	66		+/-1.5
	LENGTH			70	72	73.5	75	76.5	78	79.5		+/-2
	SLEEVE LENGTH (INCLUDING CUFF)			63	65.5	67	68	69	70	71		+/-2

FR109				S	M	L	XL					TOL
KIDS' LONG SLEEVED PLAIN RUGBY SHIRT	AGE			5-6	7-8	9-10	11-13					
	SHOULDER			35	39	43	45					+/-1.5
	CHEST			34	36	40	44					+/-1.5
	LENGTH			49	59	62	65					+/-1.5
	SLEEVE LENGTH (INCLUDING CUFF)			42	48	49	50					+/-1.5

FR134				XS	S	M	L	XL	2XL			TOL
LONG SLEEVED BRETON STRIPED T-SHIRT	CHEST			46	49	52	55	58	61			+/-1.5
	LENGTH			68	70	72	74	76	78			+/-2
	SLEEVE LENGTH			63.5	64.5	65.5	66.5	67.5	68.5			+/-2

FR135				XS	S	M	L	XL	2XL			TOL
SHORT SLEEVED BRETON STRIPED T-SHIRT	CHEST			46	49	52	55	58	61			+/-1.5
	LENGTH			68	70	72	74	76	78			+/-2
	SLEEVE LENGTH			19	20	21	22	23	24			+/-1

FR136			XS	S	M	L	XL	2XL				TOL
STRIPED T	CHEST		54.5	56.5	58.5	60.5	62.5	64.5				+/-2
	LENGTH		71	73	75	77	79	81				+/-2
	SLEEVE LENGTH		22	23	24	25	26	27				+/-1.5

FR200			S	M	L	XL	2XL				TOL
MEN'S CONTRAST PIQUE POLO SHIRT	SHOULDER		41	45	49	53	57				+/-1.5
	CHEST		48	52	56	60	64				+/-1.5
	LENGTH		70	72.5	75	77.5	80				+/-2
	SLEEVE LENGTH		25	25.5	25.5	26	26.5				+/-1.5

FR230			XS	S	M	L	XL	2XL				TOL
STRIPED JERSEY POLO SHIRT	CHEST		46	49	52	55	58	61				+/-1.5
	LENGTH		68	70	72	74	76	78				+/-2
	SLEEVE LENGTH		22.5	23.5	24.5	25.5	26.5	27.5				+/-1.5

FR605		XXS/28	XS/30	S/32	M/34	L/36	XL/38	XXL/40"				TOL
MEN'S STRETCH CHINO SHORTS	WAIST	36.5	39	42	44.5	47	49.5	52				+/-1.5
	THIGH	29	30	31	32	33	34	35				+/-1.5
	HEM	22.5	23	23.5	24	24.5	25	25.5				+/-1.5
	INSIDE LEG	25	25	25	26	26	26	26				+/-1.5

FR606		XS/8	S/10	M/12	L/14	XL/16	XXL/18				TOL
LADIES' STRETCH CHINO SHORTS	WAIST	37.5	40	42.5	45	47.5	50				+/-1.5
	THIGH	29.5	30.5	31.5	32.5	33.5	34.5				+/-1.5
	HEM	24	24.5	25	26	27	27.5				+/-1.5
	INSIDE LEG	22	22	22	23	23	23				+/-1.5

FR621		XXS/28	XS/30	S/32	M/34	L/36	XL/38	XXL/40"				TOL
MEN'S STRETCH CHINOS	WAIST	36.5	39	42	44.5	47	49.5	52				+/-1.5
	THIGH	29	30	31	32	33	34	35				+/-1.5
	HEM	17.5	18	18.5	19	20	20.5	21				+/-1
	INSIDE LEG REG	32"	32"	32"	32"	32"	32"	32"				+/-2
	INSIDE LEG LONG	34"	34"	34"	34"	34"	34"	34"				+/-2

FR622		XS/8	S/10	M/12	L/14	XL/16	XXL/18				TOL
LADIES' STRETCH CHINOS	WAIST	37.5	40	42.5	45	47.5	50				+/-1.5
	THIGH	29.5	30.5	31.5	32.5	33.5	34.5				+/-1.5
	HEM	15.5	16	16.5	17	17.5	18.5				+/-1.0
	INSIDE LEG	32"	32"	32"	32"	32"	32"				+/-2

FR854		XS	S	M	L	XL	2XL				TOL
ZIP THROUGH SHERPA FLEECE WITH CONTRAST PANELLING	SHOULDER	49	51	53	55	57	59				+/-1.5
	CHEST	51	54	57	60	63	66				+/-2
	LENGTH	67	69	71	73	75	77				+/-2
	SLEEVE	65	66	67	68	69	70				+/-2

FR855		XS	S	M	L	XL	2XL				TOL
ZIP THROUGH SHERPA GILET WITH CONTRAST PANELLING	SHOULDER	42	44	46	48	50	52				+/-1.5
	CHEST	51	54	57	60	63	66				+/-2
	LENGTH	67	69	71	73	75	77				+/-2
	ARMHOLE	25	26	27	28	29	30				+/-2

FR905		XS	S	M	L	XL	2XL				TOL
PULLOVER 1/2 ZIP JACKET	SHOULDER	43.5	45.5	47.5	49.5	51.5	53.5				+/-1.5
	CHEST	51	54	57	60	63	66				+/-1.5
	LENGTH	69	71	73	75	77	79				+/-2
	SLEEVE LENGTH	61.5	63.5	65.5	67.5	69.5	71.5				+/-2